



CRISPBREADS AND SNACKS CREATED BY NATURE



„NATURE GIVES US FLAVOR. EVERYDAY LIFE GIVES US INSPIRATION.“



NATURALNESS THAT BECAME A TRADITION

At Tovago, we believe that true flavor is born from experience and attention to every detail. For over 40 years, we have been producing crispy products that combine simple ingredients, high quality and the authentic taste of grains and vegetables. We believe that healthy eating can become an everyday habit — all it takes is choosing the right product.

Our crispbreads are made from grains, with no preservatives or artificial enhancers. We work with trusted suppliers and carefully control every stage of production.

Tovago naturally crunchy,
straight from the heart.

TECHNOLOGY & QUALITY

OUR PRODUCTS ARE MADE USING EXTRUSION TECHNOLOGY — grains and ingredients undergo brief heat treatment under high pressure, helping them retain their natural nutritional value. The results? A crunchy texture, simple composition and exceptional taste. Tovago combines tradition, nature and a flavor that has been accompanying conscious consumers for decades.

OUR PROMISE IS SIMPLE:



we choose only the best ingredients,



we work in line with the highest quality standards,



we add nothing that nature does not need — no preservatives or enhancers,



we remain transparent and trust our processes entirely.

TOVAGO IS MORE THAN A PRODUCT

– it is a story of passion and trust, tasting just as good today as it did years ago.

▪ CORN LINE

CRUNCHY LIGHTNESS FOR EVERY DAY

CORN CRISPBREAD



Golden, light, naturally sweet — like a ray of sunshine captured in a slice. This crispbread boosts your energy and brightens your mood at any time of day. Crispy, delicate and the lowest-calorie product in the Tovago range.

WHY IT'S WORTH IT:

- only 23 kcal per slice
- no added sugar or preservatives
- source of fiber and energy
- natural corn flavor
- Nutrition (per 100 g): Energy 376 kcal, Fat 1.4 g, Fiber 3.1 g

CORN—MILLET CRISPBREAD



When corn meets millet, the result is a perfect duo — golden, delicate and slightly nutty. An ideal companion for light meals and relaxing moments.

WHY IT'S WORTH IT:

- contains 20% millet
- only 23 kcal per slice
- delicate millet flavor
- Nutrition (per 100 g): Energy 372 kcal, Fiber 2.2 g, Fat 1.5 g

MULTIGRAIN LINE

GRAINS WITH REAL POWER

TOVA GO!

HIGH-FIBER MULTIGRAIN CRISPBREAD



The purest taste of nature — five grains combined into a harmonious blend of crunch and delicacy. Each bite brings satiety and satisfaction, with the warm aroma of baked grains filling the air. Perfect for breakfast, dinner or a light lunch.

WHY IT'S WORTH IT:

- contains 12% dietary fiber
- no added sugar
- low fat content
- made from five grains
- Nutrition (per 100 g): Energy 352 kcal, Fiber 12 g, Fat 1.7 g

RYE CRISPBREAD



The taste of tradition in a modern form. Rye — a staple of Polish cuisine for generations — now in a light, crispy version. An ideal bread alternative: filling yet not heavy. Perfect for those who appreciate culinary roots and everyday simplicity.

WHY IT'S WORTH IT:

- high in fiber
- no added sugar or preservatives
- low fat content
- natural flavor
- Nutrition (per 100 g): Energy 348 kcal, Fiber 12 g, Fat 1.4 g

GRAHAM CRISPBREAD



A classic at its best. Graham flour gives these slices a warm, slightly nutty aroma and a delicate texture. They pair well with both sweet and savory toppings and make a healthy alternative to traditional bread. Each bite is a small pleasure that fuels your day.

WHY IT'S WORTH IT:

- high in fiber
- only 25 kcal per slice
- suitable for vegans
- Nutrition (per 100 g): Energy 354 kcal, Fiber 11 g, Fat 1.5

TWO FLAVORS. ONE IDEA — CRUNCHY BALANCE.



DUBLET is an innovative concept combining two distinctive flavors in one product: the lightness of corn and the rich character of rye. This blend creates a balanced, crunchy snack perfect for any time of day — sweet or savory. Designed for those seeking a healthy alternative to traditional bread.

Corn slices delight with lightness and subtle sweetness, while rye slices offer depth and rich grain aroma. One pack gives you a full spectrum of flavor possibilities — from classic breakfasts to quick, crunchy snacks.

.... only natural
ingredients and
a taste that connects
generations.



WHY IT'S WORTH IT:

- two flavors — corn + rye — in one pack
- simple recipe, no unnecessary additives
- versatile — great for breakfast, lunch or a light dinner

▣ DUBLET 2-in-1 CORN & RYE CRISP BREAD



TOVA GO – SNACKS

TOVA GO!

WHEN YOU FEEL LIKE CRUNCHING — REACH FOR **TOVA
GO!**

CORN SNACK WITH BEETROOT



A unique blend of crispy corn and natural beet sweetness! The taste of summer in its healthiest form and a perfect alternative to traditional chips. Each portion delivers energy while staying low in calories.

WHY IT'S WORTH IT:

- *simple ingredients*
- *low fat content*
- *bold beetroot flavor*
- *Nutrition (per 100 g): Energy 375 kcal, Fiber 3.1 g, Fat 1.1 g*

CORN SNACK WITH TOMATO



Aromatic, energetic crunch made from corn, sun-dried tomatoes and herbs — a perfect choice for lovers of expressive, natural flavors. Delicate in texture, rich in personality.

WHY IT'S WORTH IT:

- *natural plant-based ingredients*
- *full, vibrant tomato flavor*
- *light alternative to chips*
- *Nutrition (per 100 g): Energy 378 kcal, Fiber 1.8 g, Fat 1.4 g*

FLAVOURED LINE

FLAVOR THAT STIMULATES THE SENSES

CRISPBREAD WITH BLACK CUMIN & GREEN BARLEY



Expressive, aromatic and full of character. Black cumin adds a slightly spicy note, and green barley gives freshness and natural depth of flavor. Perfect for salads, spreads or as a crunchy soup topping. Each bite awakens the senses — proof that healthy food can be truly delicious.

WHY IT'S WORTH IT:

- *natural spices and plant-based ingredients*
- *suitable for vegans*
- *23 kcal per slice*
- *Nutrition (per 100 g): Energy 376 kcal,*
- *Fiber 2.4 g, Fat 1.9 g*

CRISPBREAD WITH WILD GARLIC



When wild-growing wild garlic meets light, crispy Tovago bread — a flavorful, aromatic snack is born. It transforms an ordinary meal into a culinary experience shaped by nature, heart and imagination.

WHY IT'S WORTH IT:

- *low in calories*
- *a perfect snack throughout the day*
- *Nutrition (per 100 g): Energy 366 kcal,*
- *Fat 1.1 g, Fiber 9.6 g*



GLUTEN-FREE LINE

COMPROMISE-FREE

GLUTEN-FREE

GLUTEN-FREE CORN CRISPBREAD



Lightness in its purest form. Each slice delivers the clean, natural taste of golden corn — delicate and made using a process that brings out the best in it. Ideal for those who want to live in harmony with nature but value flavor and convenience. Gluten-free, preservative-free, artificial-color-free. Just crunch and simplicity.

WHY IT'S WORTH IT:

- *gluten-free*
- *100% natural ingredients*
- *source of fiber*
- *low in fat*
- *perfect for breakfast or lunch*
- *Nutrition (per 100 g): Energy 369 kcal,*
- *Fat <0.5 g, Fiber 3.8 g*

GLUTEN-FREE CORN-MILLET CRISPBREAD



Simple ingredients, clean recipe, delicate flavor of millet and corn — together creating naturally crunchy harmony. Perfect for those who refuse to compromise between taste and health. Ideal as a light snack or base for toppings.

WHY IT'S WORTH IT:

- *gluten-free*
- *contains 20% millet*
- *source of minerals*
- *low-calorie — only 23 kcal per slice*
- *suitable for vegans*
- *Nutrition (per 100 g): Energy 375 kcal,*
- *Fiber 2.1 g, Fat 1.2 g*

CORN CRISPBREAD WITH COCOA



Sweetness without guilt. Light corn crispbread combined with delicate cocoa creates a perfect harmony of crunch and aroma. Its warm cocoa scent brings back childhood memories. Perfect with morning coffee or as a light dessert during the day.

WHY IT'S WORTH IT:

- only 23 kcal per slice
- natural reduced-fat cocoa
- no artificial additives
- source of fiber
- Nutrition (per 100 g): Energy 373 kcal, Fiber 3.1 g, Fat 1.1 g

CORN CRISPBREAD WITH COCONUT



Close your eyes — imagine the scent of coconut and the sound of ocean waves. This crispbread transports you to sunny places where time slows down. Lightly sweet but not overwhelming — perfect with tea, fruit or yoghurt. Exotic and relaxing.

WHY IT'S WORTH IT:

- simple recipe
- no preservatives
- only 23 kcal per slice
- great alternative to sweets
- Nutrition (per 100 g): Energy 375 kcal, Fat 2.8 g, Fiber 4.8 g

CORN CRISPBREAD WITH CINNAMON



A warm, comforting aroma with a hint of spicy cinnamon. This dreamy, aromatic composition makes a delightful, sweet snack — on its own or with your favorite toppings.

WHY IT'S WORTH IT:

- subtle cinnamon aroma
- low in calories
- source of fiber
- Nutrition (per 100 g): Energy 373 kcal, Fat 0.9 g, Fiber 5.0 g

SWEET LINE

SWEET, LIGHT AND NATURAL
— WITHOUT GUILT.

miniPAKA LINE

SMALL FORMAT.
GREAT PLEASURE.



CORN-MILLET miniPAKA

A small pack with great power! The delicate taste of corn and millet provides a sense of lightness. The perfect portion of energy you can take anywhere — to work, on a walk, in the car — whenever you crave a healthy crunch.



WHY IT'S WORTH IT:

- practical mini-snack format
- no preservatives or added sugar
- ideal for active lifestyles
- Nutrition (per 100 g): Energy 375 kcal, Fiber 2.1 g, Fat 1.2 g

QUINOA & SEA SALT miniPAKA

Quinoa — called the “mother of grains” by the Incas — combined with natural sea salt creates a snack that offers both strength and pleasure. Subtle in flavor, truly satisfying. Quinoa adds energy and character.



WHY IT'S WORTH IT:

- contains minerals from sea salt
- no chemical additives
- a light portion of energy
- Nutrition (per 100 g): Energy 384 kcal, Fiber 2.4 g, Fat 3.1 g

HIGH-FIBER WITH BRAN miniPAKA

A harmonious blend of five grains with bran ensures wellbeing and energy. For those who enjoy simplicity and value fiber in their daily diet. Perfect for work or travel — when time matters.



WHY IT'S WORTH IT:

- high fiber content
- natural ingredients
- a great snack on the go
- Nutrition (per 100 g): Energy 360 kcal, Fiber 12 g, Fat 1.4 g

RYE miniPAKA

For lovers of a classic in a light form. These rye mini packs are small portions of strength — crunchy, filling and versatile. They give energy for every day.



WHY IT'S WORTH IT:

- low fat content
- high in fiber
- 25 kcal per portion
- Nutrition (per 100 g): Energy 351 kcal, Fiber 11 g, Fat 0.9 g

B2B / PRIVATE LABEL COOPERATION

TRUST • FLEXIBILITY • EXPERIENCE • PARTNERSHIP

Tovago is not just a brand — it is a trusted producer of crispy products, working with the largest retail chains in Poland and across Europe.

Thanks to years of experience and a flexible production approach, we offer:

- comprehensive private label project support
- recipe and packaging development assistance
- high standards of quality and safety
- the ability to produce gluten-free products



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TRUST 40 YEARS OF EXPERIENCE. CHOOSE TOVAGO AS YOUR PARTNER.

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